

# Ways to prevent the spread of COVID-19

# **Evaluate your patient's health.**

Survey your patients for potential symptoms before and during the appointment.

#### Promote hand hygiene.

Provide hand sanitizing solutions across the practice for easy access to staff and patients in addition to promoting frequent hand washing.

## Take personal protective measures.

Wear barriers such as protective eyewear, masks, gloves, caps, face shields, and protective outwear.

### Mouthrinse before dental procedures.

Oral disinfection can reduce the risks of potential airborne contaminants from spreading.

#### Use rubber dams.

Rubber dams significantly minimize production of saliva and blood contaminated aerosols.

#### Use anti-retraction handpieces.

Handpieces with anti-retraction valves are strongly recommended as a preventitive measure for cross-infection. In addition, Zero-Drawback handpieces would effectlively reduce the transmission of airbone contaminants between patients.

## Disinfect the clinic setting.

Take effective and strict disinfection measures in both clinic settings and publicly accessible areas.

# Manage medical waste.

Dispose of medical waste in accordance with national medical guidelines. Dedicate an appropriate area for disposal of hazardous waste.

